

# ***WELCOME TO VISUAL THERAPY***

## **INTRODUCTION.**

Optometric visual therapy is undertaken to improve poorly developed visual information processing skills, or to further enhance present visual skills to a higher level of efficiency and stamina. To do this you will need to complete activities each day with your child. We will monitor your progress and update the activities as your child progresses. Visual therapy for certain types of visual problems can be completed with home based activities, while others will require in office monitoring on a regular basis.

## **FEEES FOR VISION THERAPY.**

### **Optometric Consultations.**

As a service to our patients all optometric consultations are direct billed through Medicare. Please bring your Medicare card with you to the consultation.

**In Office Optometric Visual Therapy – Fees are payable at the commencement of therapy.**

- \$ 40.00 per session  
(A \$20.00 deposit is required to have the program made up)  
This fee covers your visual therapy program and the hire of visual therapy appliances, or visual therapy training equipment that may be required during training (lenses, prism flippers, red/green filters, prism spectacles or loose prisms). This equipment is provided on a hire basis, if it is not returned or returned damaged you will be charged the replacement cost. The cost of this equipment is spread out over the whole of the program.

*This Fee is not claimable through Medicare or your Health Fund.*

**Home Based Optometric Therapy – Fees are payable at the commencement of therapy.**

- \$ 80.00.  
(A \$20.00 deposit is required to have the program made up)  
This fee covers your home based visual therapy program. This usually consists of six therapy blocks or units. The program usually takes two to three months to complete. Our practice does not charge for additional literature or instruction that may be required or for reports sent to other Professionals on your behalf (Example. Teachers, Doctors, Occupational Therapists etc).

*This Fee is not claimable through Medicare or your Health Fund.*

## **Your Commitment.**

Your child's visual therapy program is designed specifically for them. A commitment is required from you to supervise your child and from your child to complete the therapy. If you feel that you cannot make this commitment or that your child will not cooperate, please do not undertake it.

Visual therapy can take up to three months to complete and requires between 30 – 60 minutes each day. This can be done before or after school in small units of 5 – 10 minutes. The enclosed sheet on "Hints on Home Visual Therapy", will answer some of your questions on home visual therapy, and explain how to incorporate visual therapy into your home life with minimum disruption. We are on call for either you or your child for encouragement and advice while doing your visual therapy.